

Candice A. Maier

Ph.D., LMFT

Work

University of Wisconsin - Stout
Counseling, Rehabilitation, and Human Services Dept.
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EDUCATION

The University of Iowa, Iowa City, IA 2016

Ph.D. Couple and Family Therapy

- Dissertation title: Examining the Effects of Gender Attitudes and Beliefs in the Biobehavioral Family Model
- Committee members: Armeda Wojciak, Ph.D., LMFT (chair/advisor), John Wadsworth, Ph.D., Saba Ali, Ph.D., Noel Estrada-Hernandez, Ph.D., Christi McGeorge, Ph.D., LMFT

North Dakota State University, Fargo, ND 2012

M. S. Human Development and Family Science

Specialization: Couple and Family Therapy

University of Wisconsin-Stout, Menomonie, WI 2009

B. S. Human Development and Family Studies, Minor in Sociology

CURRENT POSITION

M.S. Marriage and Family Therapy (MFT) Clinical Director 2021 - present
Clinical Services Center, University of Wisconsin-Stout
Department of Counseling, Rehabilitation, and Human Services

Assistant Professor – University of Wisconsin-Stout 2016 – present
Department of Counseling, Rehabilitation, and Human Services
Human Development and Family Studies Program/Marriage and Family Therapy Program

Courses taught:

- HDFS 225: Skills Training for Individual and Family Interventions (3 cr.) – online and traditional
- HDFS 270: Seminar in Self Growth (3 cr.) – online and traditional
- HDFS 456: Abuse and the Family (3 cr.)
- HDFS 730: Advanced Human Sexuality (3 cr.)
- MFT 743: Counseling Couples & Families (3 cr.) – online and traditional
- MFT 751: Contemporary Couple & Family Therapy (3 cr.)
- MFT 752: Couples Therapy (3 cr.)
- MFT 752: Couples Therapy and Sex Therapy (3 cr.)
- MFT 775: Couples and Family Therapy Capstone (1 cr.)
- MFT 793: Couples and Family Therapy Practicum I (3-4 cr.)

ADDITIONAL TEACHING AND MENTORING EXPERIENCE

Augsburg University – Minneapolis, MN, Department of Psychology

Guest Lecturer

2020

- PSYC 105: Principles of Psychology (4 cr.)

National Council on Family Relations (NCFR) Mentoring Academy

2019-current

- Assisted undergraduate and graduate students in strengthening of resumes in preparation for graduate school and job market (Resume and CV Review Program)
- Participating in two-year pilot program with mentor

North Dakota State University – Human Development and Family Science Department

Adjunct Faculty – Graduate-level

- HDFS 794: Practicum in Couple and Family Therapy (4 cr.)

2016

North Dakota State University – Human Development and Family Science Department

Adjunct Faculty – Undergraduate-level

- HDFS 448: Human Sexuality (3 cr.)

2016

North Dakota State University – Human Development and Family Science Department

Teaching Assistant

- HDFS 777: Diagnosis and Assessment in Couple and Family Therapy (3 cr.)

2009

The University of Iowa – Department of Rehabilitation and Counselor Education

Teaching Assistant

- RCE 380: Practicum in College Teaching (3 cr./online)
- RCE 4162: Introduction to Couple & Family Therapy (3 cr./online)

2014

2013-2014

The University of Iowa – Department of Rehabilitation and Counselor Education

Guest Lecturer

- RCE 4162: Introduction to Couple & Family Therapy (3 cr.)

2014

TEACHING INTERESTS

Couple and family dynamics; couple and family communication; skills development for the helping profession; self-growth/well-being among helping professionals; gender socialization

RESEARCH INTERESTS

Clinical couples therapy; couple and family relationship processes; contributions to mental and physical health; gender equity; feminist theories; LGBTQ+ couples and families; scholarship of teaching and learning in family science

RESEARCH WITH STUDENTS

- Healthy Relationships among Youth Aging out of Foster Care 2021
- K. Morgan, UW-Stout HDFS major, McNair Scholar
- Non-Suicidal Self-Injury among Adolescent Females 2021
- A. Cornella, UW-Stout CI HDFS major, McNair Scholar
- The Impact of Disability on Couple Relationships: A Review of the Literature 2020
- K. Fox, UW-Stout HDFS major
- Exploration in Foster Care and Family Support Services 2019
- C. Hunter, UW-Stout HDFS major
- Blueprint/Design in Private Practice Counseling 2019
- S. Dombrowski, UW-Stout HDFS major, Honors Student

RESEARCH PUBLICATIONS AND MANUSCRIPTS

Peer Reviewed Articles

- Maier, C. A.**, Prouty, A. M., & Söylemez, Y. (Submitted). Feminist family therapist supervisors' experiences related to online supervision. *Journal of Feminist Family Therapy*.
- Maier, C. A.**, Riger, D. R., & Morgan-Sowada, H. (2021). "It's splendid once you grow into it:" Client Experiences of Relational Teletherapy in the Era of COVID-19. *Journal of Marital and Family Therapy*, 47(2), 304-319. <http://dx.doi.org/10.1111/jmft.12508> [Video abstract](#).
- Maier, C. A.**, Wojciak, A. J., & McGeorge, C. R. (2021). Examining gender in heterosexual couple relationships utilizing the Biobehavioral Family Model: Implications for couple therapy. *Journal of Couple & Relationship Therapy*, 20, 1-24. <http://dx.doi.org/10.1080/15332691.2021.1900010>
- Hardy, N. R., **Maier, C. A.**, & Gregson, T. (2021). Couple teletherapy in the era of COVID-19: Experiences and recommendations. *Journal of Marital and Family Therapy*, 47(2), 225-243. <http://dx.doi.org/10.1111/jmft.12501> [Video abstract](#).
- Hardy, N. R., Lucas, E., **Maier, C. A.**, Quirk, K. (In preparation). The role of family of origin in couple therapy. *Family Process*.
- Beck, M., & **Maier, C. A.** Means, A., & Issacson, L. A. (2019). Interdisciplinary collaboration for LGBTQ students in foster care: Strategies for school counselors. *Journal of LGBT Issues in Counseling*, 12(4), 248-264. <http://dx.doi.org/10.1080/15538605.2018.1526154>

- Woods, S. B., Priest, J. B., Signs, T. L., & **Maier, C. A.** (2018). In sickness and in health: The longitudinal associations between marital dissatisfaction, depression and spousal health. *The Journal of Family Therapy*. <http://dx.doi.org/10.1111/1467-6427.12207>
- Twist, M. L. C., Bergdall, M., Belous, C., & **Maier, C. A.** (2017). Electronic visibility management of lesbian, gay, and bisexual identities. *Journal of Couple and Relationship Therapy*, 16(1), 1-15. <http://dx.doi.org/10.1080/15332691.2016.1238798>
- Twist, M. L. C., Belous, C. K., **Maier, C. A.**, Bergdall, M. K. (2017). Considering technology-based ecological elements in lesbian, gay, and bisexual partnered relationships. *Sexual and Relationship Therapy*, 32(3-4), 291-308. <http://dx.doi.org/10.1080/14681994.2017.1397945>
- McGeorge, C. R., Carlson, T. S., & **Maier, C. A.** (2017) Are we there yet? Faculty members' beliefs and pedagogical practices related to the ethical treatment of lesbian, gay, and bisexual clients. *Journal of Marital and Family Therapy*, 43(2), 322-337. <http://dx.doi.org/10.1111/jmft.12197>
- Maier, C. A.**, & Priest, J. B. (2016). Perceived fairness, marital conflict, and depression: A dyadic data analysis. *The American Journal of Family Therapy*, 44(2), 95-109. <http://dx.doi.org/10.1080/01926187.2016.1145083>
- Parker, E. O., **Maier, C.**, Wojciak, A. S. (2016). Childhood abuse and family obligation in adulthood. *Journal of Family Therapy*, 40(1), 120-141. <http://dx.doi.org/10.1111/1467-6427.12114>
- Maier, C. A.** (2015). Conceptualizing household distribution of labor from feminist theory: Why power matters in psychotherapy. *Marriage & Family Review*, 52(5), 413-420. <http://dx.doi.org/10.1080/01494929.2015.1105899>
- Priest, J. B., Woods, S. B., **Maier, C. A.**, Parker, E. O., Benoit, J. A., Signs, T. R. (2015). The Biobehavioral Family Model: Close relationships and allostatic load. *Social Science & Medicine*, 142, 232-240. <http://dx.doi.org/10.1016/j.socscimed.2015.08.026>
- Sories, F., **Maier, C. A.**, Beer, A. R., and Thomas, V. (2015). Addressing the needs of military connected children through family-based play therapy. *Contemporary Family Therapy*, 37, 209-220. <http://dx.doi.org/10.1007/s10591-015-9342-x>
- Maier, C. A. (2015). Feminist-informed emotionally focused couples therapy as treatment for eating disorders. *The American Journal of Family Therapy*, 43, 151-162. <http://dx.doi.org/10.1080/01926187.2014.956620>
- Fish, J. N., Maier, C. A., & Priest, J. B. (2015). Substance abuse treatment in a Latino sample: The influence of family conflict. *Journal of Substance Abuse Treatment*, 49, 27-34. <http://dx.doi.org/10.1016/j.jsat.2014.07.011>
- Maier, C. A., & McGeorge, C. R. (2014). Positive attributes of never-married single mothers and fathers: Why gender matters and applications for therapists. *Journal of Feminist Family Therapy*, 26(3), 163-190. <http://dx.doi.org/10.1080/08952833.2014.944060>

Book Chapters

Maier, C.A., & Thomas, V. (2016). Creating a safe space for children who have experienced trauma. In Sori, C. F., & Hecker, L. (Eds.), *The Therapist's Notebook for Children and Adolescence* (2nd ed.) (pp. 137-141). New York, NY: The Hawthorn Clinical Practice Press.

ACADEMIC AWARDS AND HONORS

Jessie Bernard Feminist Contribution to Scholarship Award (Award Recipient, National Council on Family Relations)	2021
LGBTQIA+ Program, Faculty Ally of the Year, Qubie Gayle Award (Faculty Nominee and Award Recipient)	2021
UW-Stout College of Education, Health, and Human Sciences Outstanding Teacher of the Year (Undergraduate on campus)	2020
UW-Stout Involvement Center Faculty Bill Siedlecki Advisor of the Year (Faculty Advisor Nominee)	2020
UW-Stout Professional Development Grant • <i>Impacts of Relationally Focused Teletherapy during the COVID-19 Pandemic</i>	2020
UW-Stout College of Education, Health, and Human Sciences Outstanding Teacher of the Year (HDFS Nominee)	2017-2019
UW-Stout Online Teaching Professional Development Grant (\$1,160.60)	2018
Mary Agnella Gunn Memorial Scholarship – The University of Iowa (\$1000)	2015
Center for Family Resilience Post-Doctoral Grant Writing Program, Oklahoma State University Led by Drs. Ron Cox and Joseph Grzywacz	2015
Family Process Institute's New Writers Fellowship: Scholarly Writing in Family Therapy Workshop led by Dr. Evan Imber-Black	2014

PROFESSIONAL CLINICAL EXPERIENCE

Licensed Marriage & Family Therapist Adulteen Counseling, LLC., River Falls, Wisconsin Wisconsin State License #1193-124	2018 – present
AAMFT Approved Clinical Supervisor	2021 – present

RESEARCH PRESENTATIONS

Refereed Research Presentations

- Maier, C. A.,** Prouty, A., Soylemez, Y. (2022, April). Feminist Family Therapy Telesupervision. Presentation will be given at the annual conference of the International Family Therapy Association, San Juan, Puerto Rico.
- Maier, C. A.,** Doll, K., & Shriner, B. (2021, June). Asynchronous video-based learning. Presentation given at the Polytechnic Summit, Dublin, Ireland (virtual).
- Maier, C. A.,** Riger, D. F., & Morgan-Sowada, H. (2021, November). “It’s splendid once you grow into it:” Client Experiences of Relational Teletherapy in the Era of COVID-19. Paper presented at the annual conference of the National Council on Family Relations (virtual).
- Hardy, N. R., **Maier, C. A.,** & Gregson, T. (2021, November). Couple teletherapy in the era of COVID-19: Experiences and recommendations. Paper presented at the annual conference of the National Council on Family Relations (virtual).
- Maier, C. A.,** & Wojciak, A. S. (2020, November). Examining gender attitudes and beliefs in couple relationships and health. Poster presented at the annual conference for the National Council on Family Relations (virtual).
- Wall, S. K., Li, C., **Maier, C. A.,** Ronnei, A., O’Mara, A., & Allaback, C. (students). (2020, November). Like phoenix from the ashes – Transformation in challenging times. Workshop presented at the annual conference for the National Council on Family Relations (virtual).
- Maier, C. A.,** Beck, M. J., Means, A., & Issacson, L. A. (2019, November). LGBTQ students in foster care: Strategies for school counselors. Presentation given at the National Council on Family Relations, Fort Worth, TX.
- Maier, C. A.,** Swenson, A., Reinke, J. S., Doll, K., & Muza, R. (2018, November). Student perceptions of contract grading in undergraduate HDFS courses. Poster presented to the National Council on Family Relations, San Diego, California.
- Reinke, J. S., Swenson, A., **Maier, C. A.,** Doll, D., & Muza, R. (2018, June). Instructor perceptions of contract grading in undergraduate human development and family studies courses. Presentation given at the annual meeting of the Teaching Family Science Conference, Park City, UT.
- McGeorge, C. R., Carlson, T. S., & **Maier, C. A.** (2017, November). Emerging issues in LGB affirmative training: Faculty beliefs. Paper presented at the annual meeting at the American Association for Marriage and Family Therapy, Atlanta, Georgia.
- McGeorge, C. R., & **Maier, C. A.** (2016, November). Improving campus climate through advocacy: A qualitative study. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, Minnesota.
- McGeorge, C. R., Carlson, T. S., & **Maier, C. A.** (2016, November). Faculty beliefs & pedagogical practices related to the ethical treatment of LGB clients. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, Minnesota.

- Woods, S., Priest, J., Signs, T., & **Maier, C.** (2016, September). Couples health, depression & marital distress. Poster presented at annual meeting of the American Association of Marriage and Family Therapy, Indianapolis, Indiana.
- Woods, S., Priest, J., Signs, T., & **Maier, C.** (2016, March). Couples' health, depression, & marital distress longitudinally. Poster presented at annual meeting of the International Family Therapy Association, Kona, Hawaii.
- Blumer, M., Belous, C., **Maier, C.**, & Bergdall, M. (2015, November). Technology-based ecological elements in lesbian, gay, and bisexual partnered relationships. Poster presented at the annual meeting of the Society for Scientific Study of Sexuality, Albuquerque, New Mexico.
- Parker, E. O., **Maier, C. A.**, & Wojciak, A. J. (2015, September) Childhood abuse and family obligation in middle-adulthood. Poster presented at the annual meeting of the American Association of Marriage and Family Therapy, Austin, Texas.
- Parker, E. O., **Maier, C. A.**, & Wojciak, A. J. (2015, June). The impact of childhood abuse on family obligation in middle-adulthood. Poster presented at the annual meeting of the American Family Therapy Academy, Vancouver, Washington.
- Sories, F., **Maier, C. A.**, & Beer, A. R. (2015, June). Addressing the needs of military children through family-based play therapy. Poster presented at the annual meeting of the American Association of Marriage and Family Therapy, Vancouver, Washington.
- Maier, C. A.** & Priest, J. B. (2015, March). Marital processes in a newlywed sample. Poster presented at the annual meeting of the International Family Therapy Association, Kuala Lumpur, Malaysia.
- Maier, C. A.** (2015, March). Feminist-informed emotionally focused couples therapy as treatment for eating disorders. Presentation given at the annual meeting of the International Family Therapy Association, Kuala Lumpur, Malaysia.
- Maier, C.**, Fish, J., & Priest, J. B. (2014, November). Substance abuse treatment response in a Latino sample: The influence of family conflict. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, Maryland.
- Maier, C.**, & Priest, J. B. (2014, October). Fairness and mental health: Dyadic processes in marriage. Poster presented at the annual meeting of the American Association of Marriage and Family Therapy, Milwaukee, Wisconsin.
- Thomas, V., Priest, J., Krum, T., Parker, E., **Maier C.**, Strachan, T. (2014, October). MFTs and Transgender Assessments: Challenges and Opportunities. Workshop presented at the annual meeting of the American Association of Marriage and Family Therapy, Milwaukee, Wisconsin.
- Thomas, V., Priest, J., Krum, T., Parker, E., **Maier C.**, Benoit, J., & Strachan, T. (2014, June). Transgender psychosocial assessments: Challenges and opportunities. Panel discussion at the annual meeting of the American Family Therapy Academy, Athens, Georgia.

- Maier, C., & McGeorge, C.** (2014, March). Strengths of never-married single parents: Does gender matter? Paper presented at the annual meeting of the International Family Therapy Association, Panama City, Panama.
- Maier, C., & McGeorge, C.** (2013, November). Perceptions of never-married single parents: Implications for therapy. Paper presented at the annual meeting of the National Council on Family Relations, San Antonio, Texas.
- Helin, T. & **Maier, C.** (2010, April). Parental assimilation of internationally adopted children. Paper presented at the annual meeting of the National Conference for Undergraduate Research, Missoula, Montana.
- Maier, C. & Rothaput, J.** (2009, November). The current status of U.S. farm women in family farming. Paper presented at the annual meeting of the National Council on Family Relations, San Francisco, California.
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Professional Presentations

- Li, C., **Maier, C.**, Wall, S., Entzminger, H., Chawla, M., & Fox, K. (2021). Surviving a Pandemic Together: Affiliate Councils Workshop. Presented at the annual meeting of the National Council on Family Relations.
- Fox, K., (student) & **Maier, C.** (2020, May). The impact of disability on couple relationships: A review of the literature. University of Wisconsin-Stout Research Day.
- Maier, C.**, Doll, K., Reinke, J., Swenson, A., & Muza, R. (2018, May). Using contract grading in undergraduate HDFS courses: Perceptions from HDFS faculty and students. University of Wisconsin-Stout Research Day.
- Swenson, A., Muza, R., Reinke, J. Doll, K., & **Maier, C.** (2018, January). Science of Teaching and Learning Presentation. University of Wisconsin-Stout.
- Maier, C.** (2015, June). Working with LGBT Individuals and Families. Presented at in-service training, Tanager Place, Cedar Rapids, Iowa.
- Maier, C.** (2014, May). A feminist-informed EFT approach to working with couples with an eating disorder. Presented at the annual meeting of the Iowa Association for Marriage and Family Therapy, Des Moines, Iowa.
- Maier, C.** (2014, April). Working with LGBT Individuals and Families. Presented at in-service training, Tanager Place, Cedar Rapids, Iowa.
- Maier, C.**, Parker, E., Benoit, J., Strachan, T., & Krum, T. (2014, April). Therapists and psychosocial assessments with transgender individuals. Presented at LGBT Health and Wellness Conference, Des Moines, Iowa.
- Parker, E., **Maier, C.**, Parker, E., Benoit, J., Strachan, T., Krum, T., & Sories, F. (2014, April). Navigating assessments with transgender individuals. Presented at Beyond Tolerance Diversity Conference, Iowa City, Iowa.

Maier, C., Byers, L., & Seyfer, A. (2013 October). Narrative strategies for children. Presented at in-service workshop, Tanager Place, Cedar Rapids, Iowa.

ADDITIONAL PROFESSIONAL DEVELOPMENT

University of Wisconsin-Stout

- Nakatani Teaching and Learning Center: Me and White Supremacy book read 2020-present
- LGBTQIA+ Program Office Safe Space Training 2020
- UW-Stout Online, Course Development Session 2020
- Women in Higher Education Leadership book discussion group 2019
- UW System Faculty College attendee 2019
- Nakatani Teaching and Learning Center SoTL Team Project: Contract Grading 2017- 2018

PROFESSIONAL MEMBERSHIPS

National Council on Family Relations – Member since 2008

American Association for Marriage and Family Therapy – Member since 2010; Clinical Fellow since 2016

SERVICE: REVIEWER

University of Wisconsin-Stout

- Leadership Award reviewer 2021
- CEHHHS scholarship reviewer 2021

Manuscript Reviewer

- Journal of Marital and Family Therapy 2016-current
- Journal of Feminist Family Therapy 2016-current
- Sexual and Relationship Therapy 2017-current
- Journal of Marriage and Family 2020-current

Editorial Board

- Journal of Marriage and Family 2021-current

National Council on Family Relations

- Conference proposal reviewer (Family Therapy, Feminist Family Therapy sections) 2018-current
- Conference facilitator (Family Therapy section) 2019-current
- Resume and Curriculum Vitae Review Program 2019-current
- Honors Student Recognition Reviewer 2021-current

SERVICE: OTHER

University of Wisconsin-Stout

Maier

Counseling, Rehabilitation, and Human Services

Bylaws Committee 2021-current
Fall Family Weekend Committee Representative 2021-2022

Human Development and Family Studies Department

Stout Council on Family Relations Advisor 2016-2020
Let's Talk Teaching! facilitator 2019-Spring 2021
Department Search Committee Member 2018, 2020, 2021
HDFS Program Advisory Committee 2019-current
Program Progress Review Committee 2018-2019
HDFS 101: "Professionalism in HDFS" panelist 2017, 2018, 2021

College of Education, Hospitality, Health, and Human Sciences

CEHHHS Representative for Faculty Senate Member 2019-2021
CEHHHS Representative for Personnel Policies Committee 2018-2021
CEHHHS Representative for Governance Council Member 2017-2020
CEHHHS Potential for Excellence Scholarship Committee Co-Chair 2019
Center for Prior Learning Member 2019

University

Friendship Family Contact Exchange Summer 2021

National Council on Family Relations

Family Therapy Section – Officer 2019-2021
Affiliate Councils Student Affiliate Advisors Representative 2019-2021
Student New Professional Committee 2019-2021

Wisconsin Council on Family Relations

Co-Chair Virtual Conference 2021

Community

International Friendship Program – UW-River Falls 2020-2021

ADDITIONAL CLINICAL EXPERIENCE

Couple and Family Therapist

2018 - present

Adulteen Counseling, LLC., River Falls, Wisconsin
Wisconsin State License #1193-124

Couple and Family Therapist - Family Therapy Center
North Dakota State University, Fargo, North Dakota

2016

Group Facilitator - School Counselor Education Program
The University of Iowa, Iowa City
Maier

2015

Clinic Therapist - Tanager Place Cedar Rapids, Iowa Adlerian Play Therapy Training	2013-2015
Family Therapist Intern - LGBTQ Clinic in Rehabilitation and Counselor Education The University of Iowa, Iowa City, Iowa	2013-2015
Youth Counselor – Four Oaks Residential Treatment Cedar Rapids, Iowa	2013
Family Therapy Intern - Children’s Consultation Network Fargo, North Dakota	2012-2013
Family Therapy Intern - River’s Edge Educational Day Program Fargo, North Dakota	2011-2012
Couple and Family Therapy Intern - Family Therapy Center North Dakota State University, Fargo, North Dakota	2010-2011
Student Support Intern - Children’s Home Society & Family Services Cedar Riverside, Minneapolis, Minnesota	2009